



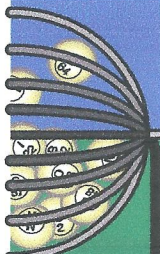






To attend RSS programs, participants must fully complete RSS registration process

March 2024

Sun Mon Tue Wed Thu Fri Sat

Recreation Support Services

607-273-8364

	<p>3 Chorus 4:30 - 6:00 Kristin/Paula</p>	<p>4 Chorus 4:30 - 6:00 Kristin/Paula</p>	<p>5 Cooking @ IYB 1:00 - 4:00 Brandon</p>	<p>6 Workout The Gym 10:30 - 12:00 Brandon NATURE Education & Crafting 10:00 - 11:30 Kristin</p>	<p>7 NO BOWLING TODAY  2:30 - 4:00 IYB Kristi</p>	<p>1 Workout The Gym 10:30 - 12:00 Brandon 2 RESCHEDULED MAKE UP Horse Drawn Sleigh/Wagon Ride Highland Forest Tully, NY 9:00 - 3:00 Kristin</p>
	<p>10 Chorus 4:30 - 6:00 Kristin/Paula</p>	<p>11 Chorus 4:30 - 6:00 Kristin/Paula</p>	<p>12 Cooking @ IYB 1:00 - 4:00 Brandon</p>	<p>13 Workout The Gym 9:30 - 11:00 Brandon NO NATURE TODAY ALL IYB STAFF MEETING</p>	<p>14 Bowling Cortlanes Time TBA Kristi</p>	<p>15 Workout The Gym 10:30 - 12:00 Brandon Games at IYB 3:00 - 4:30 Kristi</p>
	<p>17 Chorus 4:30 - 6:00 Kristin/Paula</p>	<p>18 Chorus 4:30 - 6:00 Kristin/Paula</p>	<p>19 Cooking @ IYB 1:00 - 4:00 Brandon</p>	<p>20 NO WORKOUT TODAY NO NATURE TODAY</p>	<p>21 NO PROGRAMS TODAY RSS STAFF PROGRAM PLANNING DAY</p>	<p>22 Workout The Gym 10:30 - 12:00 Brandon 23 </p>
	<p>24 Chorus 4:30 - 6:00 Kristin/Paula</p>	<p>25 Chorus 4:30 - 6:00 Kristin/Paula</p>	<p>26 LAST Cooking @ IYB 1:00 - 4:00 Brandon</p>	<p>27 Workout The Gym 10:30 - 12:00 Brandon NATURE Education & Crafting 10:00 - 11:30 Kristin</p>	<p>28 Bowling Cortlanes Time TBA Kristi</p>	<p>29 Workout The Gym 10:30 - 12:00 Brandon 30  Fan Club CU Softball 11:30 - 3:00 Kristin</p>

RSS STAFF EXTENSIONS

2136 - Brandon

2135 - Court

2137 - Lee

2158 - Kristi

2152 - Tyler

2153 - Kristin

2024 MARCH ADULT PROGRAMS

BINGO at the IYB!!! - Thursday, March 7th at the Ithaca Youth Bureau from 2:30pm – 4:00pm. Come join us to play BINGO and win prizes. (KRISTI)

CHORUS – Chorus at the Youth Bureau. Space is limited. To participate you must make a commitment to participate in preparing for the final concert. For more information email Paula at paulacusano@hotmail.com or call Kristin at 273-8364 ext 2153.

COOKING at IYB – Come learn to cook different things with Trish & Brandon. Spaces are limited! (BRANDON)

NATURE EDUCATION & CRAFTS – Join Kristin for a unit of NATURE program where we will learn about the plants and animals that share our community. We will explore what mammals, insects, amphibians & birds look and sound like. Learn what the plants/trees are and how they help other animals and humans. Also, we will venture outdoors to collect nature items to use in craft. We may also play games and activities for fun and to help retain what we learn. Space is limited. Contact Kristin to sign up. (KRISTIN)

WORKOUT at "The Gym" – Join Brandon at "The Gym" in Ithaca to get a workout in cardio and circuit lifting. Call to join. Space is limited. (BRANDON)

BOWLING CORTLAND - Join us to knock down some pins in Cortland at Cortlanes. \$7.50 fee for 2 games and shoes. Call ahead to join. (KRISTI)

GAMES – Join RSS staff and friends in the Ithaca Youth Bureau to play a mix card and board games. Please call Kristi at ext 2158 to sign up. (KRISTI)

FAN CLUB - Come learn about different sports. The group attends various local sporting events including those of the Ithaca College Bombers and Cornell Big Red. Must call ahead. Space Limited. (KRISTIN)

HORSE DRAWN SLEIGH/WAGON RIDE HIGHLAND FOREST (MAKE UP)
Join Kristin and friends on a trip to Highland Forest in Tully, NY to have a bag lunch in the lodge enjoying the fireplace. Then hop on a sleigh or wagon (depending on snow) and take a 20-minute horse drawn ride through the wooded trails. Bring a bag lunch and drink and \$10 for the ride. Optional to bring extra money for the concession stand in the lodge. Dress to be outdoors in the woods. Space is limited. (KRISTIN)

BINGO!

Thursday

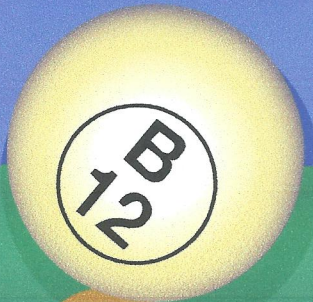
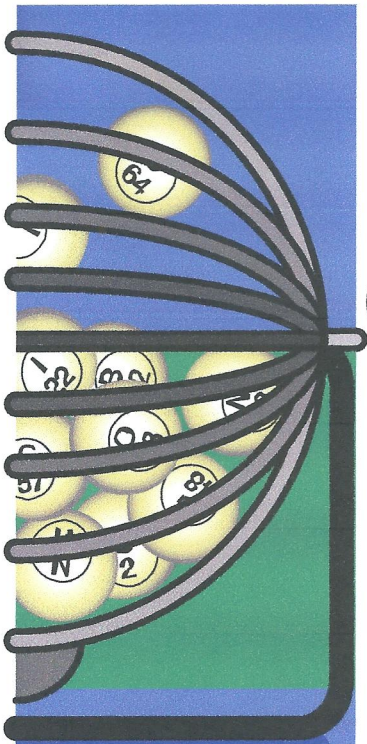
March 7th 2024

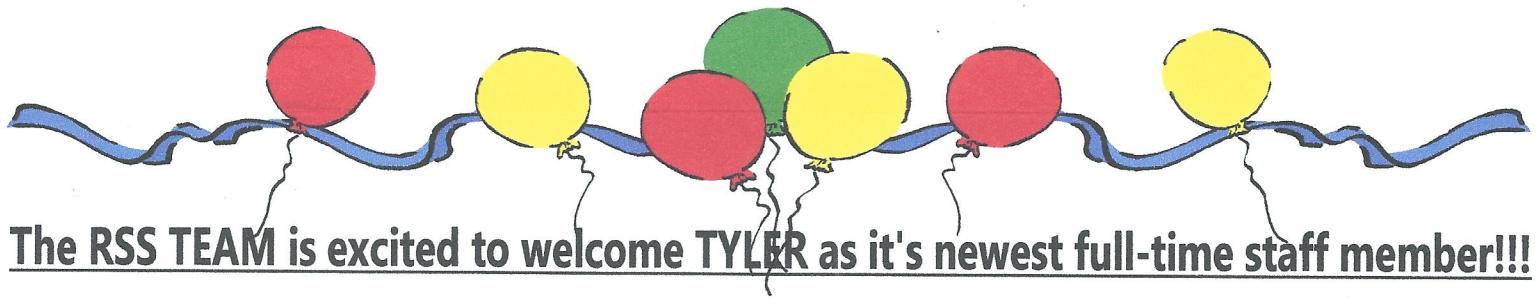
2:30 - 4:00

**RSS BINGO
at the IYB!!!**

Call KRISTI

**if you plan to attend
or have any questions
273-8364 ext 2158**





The RSS TEAM is excited to welcome TYLER as it's newest full-time staff member!!!

Tyler has many years of experience working as a part-time staff for RSS.

She has a Bachelor's Degree in Therapeutic Recreation.

Not only has Tyler previously worked as a staff for RSS at summer camp, youth programs, and adult programs, she also participated in many

Youth Bureau programs as a child!

Tyler has 4 kids and grew up in Ithaca.

She loves swimming, being outdoors, and working out.

She says she is very excited to be working full time with RSS.