To attend RSS programs, participants must fully complete RSS registration process



		(A)		- TANK		
Sun	Mon	Tue Tue	Wed	Thu	Fri	Sat
	HOLIDAY NO PROGRAMS YOUTH BUREAU CLOSED	2	3	4	Fan Club 5 CU Women Hockey 5:00 - 9:30 Kristin	Woods Trails Horse Drawn Sleigh/Wagon Ride Highland Forest Tully, NY 10:00 - 2:00 Krisitn
7	8	Fan Club IC Men Basketball 6:30 - 10:00 Kristin	Workout The Gym 10 10:30 - 12:00 Brandon NATURE Education & Nature Crafting 10:00 - 11:30 Kristin	11 Bowling Cortlanes Time TBA Kristi	Workout The Gym 10:30 - 12:00 Brandon	13
14	HOLIDAY NO PROGRAMS YOUTH BUREAU CLOSED	16 Cooking @ IYB 1:00 - 4:00 Brandon	Workout The Gym 17 10:30 - 12:00 Brandon NATURE Education & Nature Crafting 10:00 - 11:30 Kristin	18 Bowling Cortlanes Time TBA Kristi	Workout 19 The Gym 10:30 - 12:00 Brandon Movie Club Time TBA Kristi	20
21	Chorus 4:30 - 6:00 Kristin/Paula	23 Cooking @ IYB 1:00 - 4:00 Brandon	Workout 24 The Gym 24 10:30 - 12:00 Brandon NATURE Education & Nature Crafting 10:00 - 11:30 Kristin	2:30 - 4:00 IYB Kristi Fan Club TC3 Basketball 4:00 - 9:00 Brandon	Workout The Gym 26 10:30 - 12:00 Brandon Board Games Time TBA Kristi	
28	Chorus 4:30 - 6:00 Kristin/Paula	Cooking @ IYB 1:00-4:00 Brandon	Workout The Gym 31 10:30 - 12:00 Brandon NATURE Education & Nature Crafting 10:00 - 11:30 Kristin	2158 - Krist	273=0	3364 ISIONS Irt 2137 - Lee

2024 JANUARY ADULT PROGRAMS

<u>BINGO at the IYB!!!</u> - Thursday, January 25th at the Ithaca Youth Bureau from 2:30pm - 4:00pm. Come join us to play BINGO and win prizes. (KRISTI)

<u>CHORUS</u> – Chorus at the Youth Bureau. Space is limited. To participate you must make a commitment to participate to prepare for the final concert. For more information **email Paula** at <u>paulacusano@hotmail.com</u> or **call Kristin** at 273-8364 ext 2153.

COOKING at IYB — Come learn to cook different things with Trish & Brandon. Spaces are limited! (**BRANDON**)

NATURE EDUCATION & CRAFTS – Join Kristin for a unit of NATURE program where we will learn about the plants and animals that share our community. We will explore what the mammals, insect, amphibians & birds look and sound like. Learn what the plants/trees are and how they help other animals and humans. Also we will venture outdoors to collect nature items to use in craft. We may also play games and activities for fun and to help retain what we learn. Space is limited. Contact Kristin to sign up. **(KRISTIN)**

WORKOUT at "The Gym" – Join Brandon at "The Gym" in Ithaca to get a workout in cardio and circuit lifting. Call to join. Space is limited. (**BRANDON**)

BOWLING CORTLAND - Join us to knock down some pins in Cortland at Cortlanes. \$7.50 fee for 2 games and shoes. Call ahead to join. **(KRISTI)**

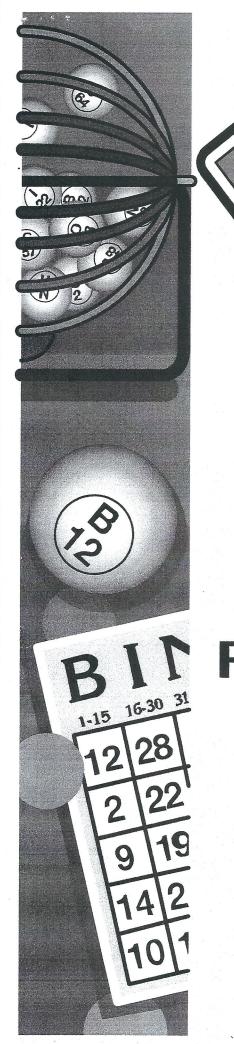
BOARD GAMES – Join RSS staff and friends in the Ithaca Youth Bureau to play a mix card and board games. Please call Kristi at ext 2158 to sign up. **(KRISTI)**

MOVIE CLUB – Join us in watching the latest and greatest flicks at Regal Cinema!! Limited space. Call Kristi to sign up. **(KRISTI)**

FAN CLUB - Come learn about different sports. The group attends various local sporting events including those of the Ithaca College Bombers and Cornell Big Red. Must call ahead. Space Limited. **(KRISTIN & BRANDON)**

HORSE DRAWN SLEIGH/WAGON RIDE IN THE WOODS OF HIGHLAND FOREST loin Kristin and friends on a trip to Highland Forest in Tully. NY to have a bag lunch in

Join Kristin and friends on a trip to Highland Forest in Tully, NY to have a bag lunch in the lodge enjoying the fireplace. Then hop on a sleigh or wagon (depending on snow) and take a 20 minute horse drawn ride through the wooded trails. Bring a bag lunch and drink and \$10 for the ride. Optional to bring extra money for the concession stand in the lodge. Dress to be outdoors in the woods. Space is limited. (KRISTIN)





RSS BINGO NIGHT at the IYB!!!

Call KRISTI
if you plan to attend
or have any questions
273-8364 ext 2158